

FORGING THE FUTURE:



Visit the NEHC Health Promotion Home Page
<http://www-nehc.med.navy.mil/hp/index.htm>

Friday FACTS

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10 May 2002

"Leadership, Partnership, and Championship"

National Suicide Prevention Hotline

A new national suicide prevention hotline network has been set up to assist persons in crisis! The Hopeline 1- 800-SUICIDE (800-784-2433) is available 24 hours daily! The website is <http://www.hopeline.com>
Is this Hotline marketed in your community?



ATTENTION: NEW FORMS For ADULT & CHILD IMMUNIZATION DOCUMENTATION

BUMED has new immunization record forms for adult immunizations and childhood immunizations. These currently are "test" forms, and BUMEDNOTE 6230 directs that these forms be used in place of the current SF601, DD 2766 or any other paper forms. BUMED NOTE 6230 (Adult and Child Immunization Record Test Forms) was signed 22 April 02 and directs to begin using the new form immediately. The new forms include manufacture, lot number, and edition date of vaccine information materials provided that other forms did not accommodate. The NOTE emphasizes DO NOT TRANSCRIBE information from old forms; instead retain previous immunization records in the health record. Electronic health data systems will eventually be in use to capture all required data for vaccinations, but in the interim, there is a need for a paper form. NAVMED 6230/4 (Adult Immunization Record) and NAVMED 6230/5 (Child Immunization Record) are available via the BUMED website at <http://navymedicine.med.navy.mil/instructions/external/external.htm>. The forms and note can also be downloaded from the NEHC webpage at <http://www-nehc.med.navy.mil/hp>. Go to "What's New" or go to the "Clinical Preventive Services" (CPS) section. Look under "Resources" and "Immunizations". Local reproduction is authorized, however since this is a test form, no more than a 6-month supply is recommended. POC is CAPT Jeff Yund, E-mail: ajyund@us.med.navy.mil. Forward any suggestions for improvement of these test forms to him.

Supplement use is high among our military members.

In conjunction with fitness month, we have updated our sports nutrition website where you can find more information on supplements, eating for performance and proper hydration. Visit our website at <http://www-nehc.med.navy.mil/hp/nutrit/index.htm> or contact Lori Tubbs, nutrition manager at tubbsl@nehc.med.navy.mil for more information or information to share regarding other reputable sites to share with others.

Mental Health Month

The National Mental Health Awareness Campaign has a website! <http://nostigma.org>
The NMHAC is developing a public service educational initiative which targets teens/youth, adults and the elderly! The website offers information, resources, positive and destigmatizing messages!

Depression website:
<http://www.livewithdepression.org>

DO YOU GET STAGE FRIGHT, HATE PUBLIC SPEAKING?

You can still share your research and hard work with your peers in a low-stress environment with a Poster Presentation at the Combined 5th Annual Force Health Protection and 2nd Annual DoD Population Health & Health Promotion Conferences, 12-16 August 2002, in Baltimore, Maryland. Please submit your abstract ASAP to sandra.monk@apg.amedd.army.mil Or phone Sandra Monk at 410-436-3161

The top abstracts will be centrally funded for travel and 3 days per diem to attend the conference. For more information on the Conferences and poster submission, check out: <http://chppm-www.apgea.army.mil/fhp/Poster.asp>

*"God could not be everywhere, and
therefore he made mothers."*

Happy Mothers Day